

Hello there Sunderland.

Class Timetable **October 2024**



Sunderland Class Timetable.

MONDAY

10am Active Forever (£4pp)

St Gabriel's Church, Chester Rd SR4 7TF

10am Active Forever (£4pp)

Ryhope Community Association, Black Road SR2 0RX

10.30am Active Forever (£4pp)

Riverlife Church, Ettrick Grove, Humbledon SR3 4AW

TUESDAY

10am Active Forever (£4pp)

The Top Club, Manor Road, Usworth NE37 3BD

10am Mission 2 Mobility (£4pp)

Broadway Community Centre, Cortina Avenue SR4 8LP

WEDNESDAY

From 9.30am Pennywell Social (ALL FREE*)

Pennywell Community Centre, Portsmouth Road SR4 9AX

9.30am - 11am Active Tots Toddler Session

11am - 12noon Active Tots Soft Play

12noon - 1pm Lunch

1pm - 2pm Bingo • 2pm - 3.30pm Active Forever



THURSDAY

10am Mission 2 Mobility (£4pp)

St Georges Church, 1 Vigo Lane, Harraton NE38 9AH

10am Beginners Line Dancing (£4pp)

The Top Club, Manor Road, Usworth NE37 3BD

FRIDAY

10am Mission 2 Mobility (£4pp)

1pm - 2.30pm Active Forever (£4pp)

Broadway Community Centre, Cortina Avenue SR4 8LP

Music, Memories & More

Supporting those living with dementia within the community, accompanied by their carer.

Broadway Community Centre

Cortina Avenue SR4 8LP

Monday (FREE*)

Music, Memories & More

10am Craft & Chat • 12noon Lunch Club

1pm - 2.30pm Music, Memories & More

For more information

contact Wendy on

07534 402 494.



Other Classes Across The North East.

Gateshead.

MONDAY

10am Active Forever (£4)

Bensham Grove Community Centre, Sidney Grove NE8 2XD

South Tyneside.

TUESDAY

10am Active Forever (£4)

Marsden Road Community Centre, Marsden Road NE34 6RE

Social Supper

Join us for a free monthly community pop-up event.
A socialable meal together, followed by entertainment.

Thursday 31st October • 5pm - 6.30pm

Broadway Community Centre

Cortina Avenue SR4 8LP

Booking essential, please book in class with your instructor. Free the first time you come along, then £6 per person each time you attend.

Contact Us

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